



FOR IMMEDIATE RELEASE

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## **Chicago Federation of Labor to Host Inaugural In-person May Day 5K**

*The race along Chicago's iconic lakefront will raise money for worker relief*

The Chicago Federation of Labor is excited to announce the inaugural in-person May Day 5K Run & Walk will take place on Sunday, April 30 at 8 a.m. on Chicago's iconic Lakefront trail. The family-friendly event is open to all ages and fitness levels.

The race celebrates May Day, also known as International Workers' Day, a day where workers from around the world commemorate the historic events that transpired in Chicago's Haymarket in 1886. May Day honors those who have dedicated and lost their lives to the fight for working people, as well as the ongoing struggle for workers', immigrants', and civil rights. All proceeds from the event will go towards worker relief.

The race begins at McCormick Place's Lakeside Center and heads north, looping around the Adler Planetarium before returning to the starting line. The course passes by several historical labor monuments along the course, including the Chicago Firefighters Memorial, McCormick Place, the Eternal Flame of Hope, and Solidarity and McFetridge Drives.

Participants can view the course map and register now at [chicagolabor.org/mayday5k](https://chicagolabor.org/mayday5k). All participants will receive a commemorative race T-shirt and medals will be awarded to the top finishers.

Since 1896, the CFL has fought for economic, social, and racial justice for all working people. The CFL represents nearly 300 unions, who in turn represent approximately 500,000 working people in Chicago and Cook County.

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